



REGIONAL FOOD SECURITY PROJECT

REGISTER IN JULY!

- 🌱 **Do you live in Thurston, Mason, Lewis, Pacific or Grays Harbor Counties?**
- 🌱 **Are you unemployed, under-employed or recently laid-off?**
- 🌱 **Do you want farm-fresh food weekly, free of charge, at a local pick-up spot?**
- 🌱 **Are you interested in paid work experiences within the regional food systems?**

Sign up for the Regional Food Security Project! We will provide you with farm fresh food for 10 weeks beginning in August and also provide you with special online cooking and food preservation instruction to make nutritious, delicious meals and show you how to preserve food for the winter!

Click on this [link](#) to complete online form or scan the QR code and send it to foodsecurity@pacmtn.org or call 360-918-6535 to sign up!



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